

**Government of West Bengal**  
**Department of Women and Child Development and Social Welfare**  
**Salt Lake, Bikash Bhavan, North Block, 10<sup>th</sup> floor, Kolkata-700091**

**Memo No. 6292(23)-WCD-14057/2/2021**

**Kolkata, the 24/11/2022**

**From: Additional Secretary to the Govt. of West Bengal**

**To: 1. The District Magistrate :**

**Kalimpong / Darjeeling/ Coochbehar/ Alipurduar / Jalpaiguri / Uttar Dinajpur /  
Dakshin Dinajpur / Malda / Murshidabad/ Nadia/ North 24 Parganas/ South 24  
Parganas/ Howrah/ Hooghly/ Bankura / Birbhum/ Purulia/ Purba Bardhaman/  
Paschim Bardhaman/ Purba Medinipur/ Paschim Medinipur/ Jhargram**

**2. The Director of ICDS, W.B.**

**Shaishali Complex, Salt Lake City, Kol-64.**

**Subject: Theme based Monthly Calendar of Weekly Meeting of the Girls' Groups at AWCs/  
School for December, 2022**

**Ref: This Department's Letter dated vide no. 177/1(2)-WCD-14057/2/2021,dated. 13.01.2022**

**Madam/Sir**

In reference to the above mentioned letter, I am directed to send the relevant materials, educational aids of training modules, as per the topics for the weekly meeting in the month of **December, 2022** for your reference and action. The theme for **December, 2022** is "*Secured and Safe Menstrual Health, Hygiene and Management including Sexual & Reproductive Health Rights of Adolescent Girls*"

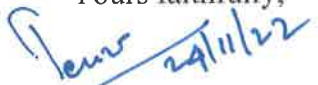
The materials are developed for use of the facilitators, as mentioned in the monthly Calendar. All the materials are being sent in digital mode for wider circulation up to ICDS functionaries and the school level Nodal teachers for Kanyashree.

The topics for 4 weeks in **December, 2022** are as follow:

- Week -1 - **Key Information & Messages on Menstrual Health & Hygiene**
- Week -2 - **Steps to follow for better health and hygiene during Menstruation**
- Week - 3 - **Personal Hygiene**
- Week – 4 –**Sexual & Reproductive Health (SRH) Rights of Adolescent Girls**

I am therefore, directed to request you to instruct the officials from ICDS and Kanyashree to implement this planner as per the guidelines.

Yours faithfully,

  
**Additional Secretary**  
to the Government of West Bengal

**Enclosed:**

1. Calendar for **December, 2022**.
2. Handouts as per session topics (Bengali and English (except Week-1 material).

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**Memo No. 6292(23)/1(46)-WCD-14057/2/2021**

**Kolkata, the 24/11/2022**

Copy forwarded for information and necessary action to :-

1. Director of Social Welfare, Juvenile Court Building, Kolkata – 700 064.
2. Special Secretary (Women Development) , Department of WCD&SW, Govt. of WB, Bikash Bhavan, Kolkata – 700 091.
3. P.A to the HMIC to the Government of West Bengal, Department of WCD&SW, Bikash Bhavan, Kolkata – 700 091.
4. SPM, Kanyashree, Department of WCD&SW, Bikash Bhavan, Kolkata – 700 091.
5. Sr. P.A to the Secretary to the Government of West Bengal, Department of WCD&SW, Bikash Bhavan, Kolkata – 700 091.
- 6-23)DPM (Kanyashree) Kolkata/ Kalimpong / Darjeeling/ Coochbehar/ Alipurduar / Jalpaiguri / Uttar Dinajpur / Dakshin Dinajpur / Malda / Murshidabad/ Nadia/ North 24 Parganas/ South 24 Parganas/ Howrah/ Hooghly/ Bankura / Birbhum/ Purulia/ Purba Bardhaman/ Paschim Bardhaman/Purba Medinipur/ Paschim Medinipur/ Jhargram.
- 24-46)DPO (ICDS) Kolkata/ Kalimpong / Darjeeling/ Coochbehar/ Alipurduar / Jalpaiguri / Uttar Dinajpur / Dakshin Dinajpur / Malda / Murshidabad/ Nadia/ North 24 Parganas/ South 24 Parganas/ Howrah/ Hooghly/ Bankura / Birbhum/ Purulia/ Purba Bardhaman/ Paschim Bardhaman/ Purba Medinipur/ Paschim Medinipur/ Jhargram.

  
**Additional Secretary**  
to the Government of West Bengal

